



9. *Life, Being*

In much the same way that everything is composed of atoms, so too is the world composed of the PieCEs.

L,B is a completely new way of understanding; a way to fully comprehend the world. To have a full understanding of the world we must be able to obtain a viewpoint that places us in a position to observe the world completely. This means that we must be able to see it in its entirety while also being able to see the world closely and intimately. Whilst it is impossible to see the whole universe at once as well as, at the same time, see the intricacy of the atoms that it is made of... it is possible to intimately and simultaneously know the nature and functions of the atoms and molecules and at the same time

understand the poise and grace of the stars and planets. We cannot see the entire universe at once but we can know it by understanding its design.

We are aware of our world because we can see it, hear it, taste it, feel it and smell it but there is more to this world than what is seen, heard, tasted, felt and smelt. Nature is more than the tangible and physical things of the world. The world is all amazing, from the material, the nonmaterial and to the ethereal.

There are some things 'being' that are not made of molecules and atoms and yet they are very real. Intentions and emotions are such things. To see the world with clarity it is important to realise that there is more to the world than what is sensed. Intentions and emotions, or will and heart, characterise us but our will and heart are not made of atoms. In fact, our will and heart are not material substances and as such are essentially *concept* and *essence*. Ironically, the only way that 'will and heart' can be a reality is for them to have some *physical* aspect. Included in every thought, every intention, every emotion and every aspect of a person's character there will always be some *physical* attribute that it will emanate from. Our thoughts occur in the neurons of the brain and emotions produce hormones that travel through the body. In physical form, thoughts and emotions are real only to the person experiencing them. Another person may only be aware of a the other's thoughts and emotions by observing their physical attributes but, apart from empathy, the thoughts and emotions of a person are only real to the person experiencing them.

If it were not for the *physical* world, the world of *Concept* and *essence* could not be. *Concept* and *essence* cannot be transmitted, communicated or shared in any way unless some

physical medium or material is used to describe or represent them. This seemingly insignificant fact is very important and, even though it may not impress you now, eventually it is this fact that will lead you to discover a whole new world. Even though every part of reality has a *physical* component, it is not an exclusively material world. That is, some things in 'the real world' cannot be put in a bottle or placed on the table. Take love for example, its base category is as an *essence*.

Perhaps it is easier to consider the example of a thought, which is based in the *concept*. A thought is shared, transmitted or expressed through physical mediums like the spoken or written word or number. Or a thought can be expressed as a mathematical equation, drawn as a picture, a diagram, or made into a model. Quite simply, a thought inhabits the person who 'thought it'. And, until it is expressed in some tangible way, it is known only to its creator. Emotions and feelings are just the same. To express thoughts and feelings some action must be made to make them transmittable and therefore it is the action that is the vector of thought or emotion. Some might argue that love does not need a physical medium but can it really be transmitted without action? Put simply: *Actions are the physical medium through which concept and essence materialise*. This is an important fact to know because it shows us how we can use of our actions to achieve a reality, or even to tell us who we are. If we do not like our actions then we know we must change our thoughts, intentions (concept), emotions and feelings (essence).

When you start to look at the world as being made of PieCEs you will see that there are some already familiar trinities that align as *physical, concept* and *essence*. One such trinity is the popular body, mind and spirit. Other trinities we are not so

often apparent to us; like - people's character and health are regularly described physically, mentally and emotionally.

You will also find that an equal number of trinities do not align with the PieCEs, these are just three words or items listed together with no basal meaning. But you must remember; there is a physical, conceptual and essential aspect to everything - so even if a trinity, such as: spiritually, emotionally and mentally - does not fit the PieCEs... within each of these individual aspects there is a set of fundamental PieCEs; they are compulsory.

Do not try to find the PieCEs in every trinity because it cannot always be found. It will, however, be found in every individual elemental unit of existence because every single thing in the world is composed of the Physical, Concept and Essence.



Each time a part of the whole is focused upon it opens a whole new windows to explore; and insights of the world are seen in each new window. The ingredients of reality combine under many conditions to present a huge diversity of

expressions. L,B describes the order that reality takes.

L,B is the name of the format that reality follows. Reality is a possibility of existence's infinite potential, and the PieCEs are the means to this end. From top to bottom LB's PieCEs go like this:

- Possibility is the foundation.
- Possibility cannot 'be' unless there is a means to align in functional form.
- The PieCEs are one such alignment.
- L,B's PieCEs are our particular form of reality, which is to say: our reality is made of PieCEs.

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